

WALK MORE IN FOUR 2012



TO HELP STUDENTS START THE YEAR

ON THE RIGHT FOOT

BY WALKING AND BIKING TO SCHOOL

FOR THE CHANCE TO WIN PRIZES!

STUDENTS* can win a bike, scooter, helmet or other donated prizes just by walking or biking safely to school.

SCHOOLS with the top three percentages of participation will win cash prizes of \$100 to \$500.

(*) Participation open to Utah K-8 students

PARTICIPATING IN WALK MORE IN FOUR,

IS AS EASY AS 1, 2, 3, 4!

- 1 **Register your school now** for the Walk More in Four challenge at udot.utah.gov/snap.
- 2 **Download** and **distribute** the Walk More in Four progress chart to your students (K-8) by Sept. 4, 2012.
- 3 **Collect** and **submit** your students' Walk More in Four charts by Wednesday, Oct. 3, 2012.
- 4 **Win Prizes!** The school with the highest participation percentage will win \$500 for their safety committee, and second and third place schools will win \$250 and \$100 respectively. Participating students statewide can win prizes to help them walk and bike safely to school.

HERE ARE THE RULES:

Students walk or bike to school at least three days a week for the four weeks in September starting Tuesday, Sept. 4, 2012, and ending Thursday, Sept. 27, 2012.

Students unable to walk to school due to distance can still participate by practicing safe habits while walking or biking in their neighborhoods.

Students mark their progress on a downloadable PDF progress chart (available at udot.utah.gov/snap) and have their parent/guardian sign it when complete.

Schools must pre-register online at udot.utah.gov/snap by midnight, **Thursday, Sept. 7, 2012**, to be eligible for the cash prize.

Charts must be received by **Wednesday, Oct. 3, 2012**, to be entered in the prize drawing. You can submit student charts via:

- **Pre-paid envelope** provided to each school in August
- **Mail:** UDOT SNAP, 375 West 200 South, Suite 275, Salt Lake City, Utah 84101
- **Email:** snap@utah.gov
- **Fax:** 801-481-9483

On Friday, Oct. 5, 2012, UDOT SNAP will draw the winners and begin awarding the prizes.

For more information about

SNAP, Walk More in Four,

and other free resources to help your

students walk and bike safely

to school, visit udot.utah.gov/snap.



SNAPTM

Student Neighborhood
Access Program